



Privacy Policy

Who we are

Our website address is: www.messageflexandflow.com

What personal data do we collect, and why do we collect it?

Comments

We do not accept comments on our site.

Media

We do not accept media being uploaded to our site.

Contact forms

Our contact forms are used solely and exclusively to provide contact by email for enquiry purposes.

Cookies

If you have an account and you log in to this site, we will set a temporary cookie to determine if your browser accepts cookies. This cookie contains no personal data and is discarded when you close your browser.

When you log in, we will also set up several cookies to save your login information and your screen display choices. Login cookies last for two days, and screen options cookies last for a year. If you select "Remember Me", your login will persist for two weeks. If you log out of your account, the login cookies will be removed.

Embedded content from other websites

Articles on this site may include embedded content (e.g., videos, images, articles, etc.). Embedded content from other websites behaves in the exact same way as if the visitor has visited the other website.

These websites may collect data about you, use cookies, embed additional third-party tracking, and monitor your interaction with that embedded content, including tracking your interaction with the embedded content if you have an account and are logged in to that website.

Who we share your data with

Message Flex and Flow does not share data with any third parties.